

Summary data: Idaho Adults 18 years and older with doctor-diagnosed arthritis, BRFSS 2005

Doctor-diagnosed arthritis (arthritis) (Standard Table 1)

256,000 adults have doctor diagnosed arthritis; 25.5% of all adults have arthritis.

109,000 men have arthritis (21.7%).

148,000 women have arthritis (29.3%).

52,000 adults 18-44 have arthritis (10%).

118,000 adults 45-64 have arthritis (36.7%).

86,000 adults 65 and older have arthritis (53.9%).

234,000 non-Hispanic white adults have arthritis (27%).

* non-Hispanic black adults have arthritis (%) *Not calculated because fewer than 50 unweighted respondents.

7,000 Hispanic adults have arthritis (8.5%).

24,000 adults with less than a high school education have arthritis (25.2%).

87,000 adults with a high school education have arthritis (27.5%).

145,000 adults with more than a high school education have arthritis (24.5%).

86,000 obese adults have arthritis (37.6%).

34,000 adults who are physically inactive have Arthritis.

33.1% of adults who are physically inactive have Arthritis.

Activity limitation due to arthritis or joint symptoms (Standard Table 2)

105,000 adults have activity limitation due to arthritis or joint symptoms

(10.3%) of the adult population has activity limitation due to arthritis or joint symptoms.

(41.5%) of adults with arthritis have activity limitation due to arthritis or joint symptoms.

45,000 (8.8%) men have activity limitation; (41.5% of men with arthritis have activity limitation.)

61,000 (11.8%) of women have activity limitation; (41.6% of women with arthritis have activity limit).

Physical activity, body weight, and health status among adults with arthritis (Std Table 3)

Of adults with arthritis (14%) report they are inactive and another (38.1%) are insufficiently active.

Of adults with arthritis (34.6%) are obese and another (36.6%) are overweight.

Of adults with arthritis (28.3%) report fair or poor health status.

Arthritis among adults with diabetes, heart disease, and their risk factors (Std Table 4)

Of adults with diabetes 37,000 (53.5%) also have arthritis.

Of adults with heart disease 38,000 (53.3%) also have arthritis.

Of adults with high blood pressure 112,000 (47.2%) also have arthritis.

Of adults with high cholesterol 104,000 (41.1%) also have arthritis.

Of adults who are overweight 91,000 (25.7%) also have arthritis.

Of adults who are obese 86,000 (37.6%) also have arthritis.

Of adults who are inactive 34,000 (33.1%) also have arthritis.

Management of arthritis symptoms (Std Table 5)(Only states who did Arthritis Management Module will have data for Table 5.)

173,000 (70%) of adults with arthritis report they can do everything or most things they would like to do.

74,000 (30%) of adults with arthritis report they can do some things or hardly anything they would like to do.

74,000 (29.8%) of adults with arthritis were told by their doctor to lose weight.

131,000 (52.7%) of adults with arthritis were told by their doctor to exercise for their arthritis.

32,000 (13%) of adults with arthritis have ever taken a course or class to manage their arthritis symptoms.

